



Gary Richard Herbert
Governor
Declaration

Whereas, there are more than 300 medically recognized headache diseases, including migraine and cluster;

Whereas, migraine is a genetic, neurological disease characterized by episodes called attacks;

Whereas, approximately thirty-six to forty million Americans have migraine disease, of which four million have chronic migraine, experiencing fifteen or more migraine attacks each month;

Whereas, migraine is the second leading cause of all global disability;

Whereas, posttraumatic headache occurs in up to 92% of military personnel who have sustained mild TBI (Traumatic Brain Injury); and

Whereas, migraine disease impacts all systems of the body with symptoms including intense pain, nausea, sensitivity to light, sound smell and touch, visual disturbances, tinnitus, chills, fatigue, anomia (trouble finding words), impaired cognitive function, numbness and weakness; lasting for four to seventy-two hours on average;

Now, therefore, I, Gary R. Herbert, Governor of the great State of Utah, do hereby declare June 2019 as

Migraine and Headache Awareness Month

Gary R. Herbert
Governor